

FISCAL YEAR 2023 ANNUAL REPORT

SOUTHWESTERN ILLINOIS CORRECTIONAL CENTER



AGENCY

Illinois Department of Corrections (IDOC)

MAXIMUM CAPACITY

730

CURRENT CENSUS

173

AVERAGE LENGTH OF STAY

237 days

TREATMENT SUMMARY

In Illinois, GEO Reentry Services delivers in-custody treatment designed to address underlying reasons for antisocial behaviors, and ultimately to change criminal and addictive thinking and behavior. The treatment model at Southwestern Illinois Correctional Center (SWICC) includes a suite of validated assessments, a Modified Therapeutic Community (TC) approach, substance use treatment, life skills training, family reunification, trauma-informed care, and parenting skills development. Starting treatment before release facilitates consistency in treatment, expedites behavior change, and promotes effectiveness in reducing recidivism. Treatment is delivered through group and individual sessions.

During Fiscal Year 2023 (FY23), in-person treatment services remained altered to comply with COVID-19 protocol and Center for Disease Control (CDC) guidelines. Some aspects of the program continued in person, and participants were provided clinical treatment assignments. In order to meet evidenced-based requirements, these assignments were offered with the same frequency as in-person services.

The program data included in this report is for FY23 from July 1, 2022 through June 30, 2023.

EARNED PROGRAM SENTENCE CREDIT

Below is a breakdown of the earned program sentence credit for the reporting period.



ADMISSIONS

TOTAL ADMISSIONS: 138



- General
- Methamphetamine

SUBSTANCE USE DISORDER (SUD) TREATMENT SERVICES

At the onset of COVID-19, GEO Reentry Services proactively developed a resumption of services plan for substance use treatment services. The plan addressed various programming options to ensure quality services while maintaining precautionary measures to stop the spread of illness. For example, participants completed clinical treatment assignments in lieu of in-person services. Below is the breakdown of SUD treatment services per participant.

168 Assignments
900 Treatment hours

DISCHARGE RESULTS

TOTAL DISCHARGES: 165



- Successful Completions (Nine months or more)
- Neutral (Early release from IDOC)*
- Disciplinary

* There were zero neutral discharges during the reporting period.

SERVICE HOURS

Below are the total completed hours for individual, education, and group/therapy sessions.



PRIMARY & SECONDARY SUBSTANCES

Below is the breakdown of the participant's primary and secondary drug of choice as provided for the participant.

SUBSTANCE	PRIMARY	SECONDARY
Alcohol	172	148
Amphetamines	36	15
Cannabis	97	220
Cocaine	76	71
Hallucinogens	5	11
Heroin	60	32
Methamphetamine	173	47
No Problem	0	39
Other Opiates/Analgesics	19	43
Other Stimulants	27	33
Sedatives/Hypnotics/Tranquilizers	5	12

PARTICIPANT DEMOGRAPHICS

RACE	
American Indian	2
Asian	1
Black	270
Multi-racial	9
Other	49
White	342

PARTICIPANT CRIME TYPE

CRIME		CRIME	
Arson	4	Manslaughter/Murder	9
Assault	34	Motor Vehicle	20
Burglary/Robbery	44	Other	58
Domestic Violence	32	Parole/Probation Violation	5
Drug Offense	222	Property	43
Drunk Driving	38	Weapon	186

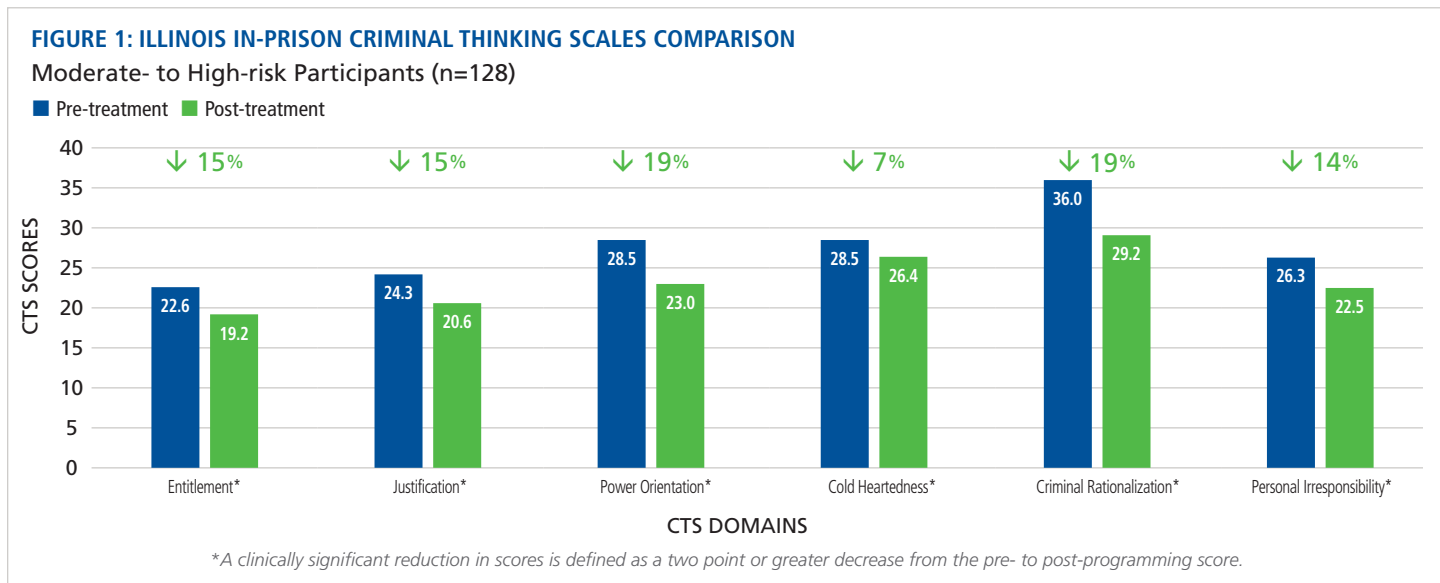
ILLINOIS IN-PRISON PROGRAMS REDUCE CRIMINAL THINKING

Criminal thinking domains, such as antisocial cognitions and antisocial attitudes, are frequent targets for change in correctional treatment, and are described in current theories of criminal behavior.¹ The research on “What Works” to reduce recidivism indicates that antisocial cognition and antisocial attitudes (criminal thinking) are among the top three risk factors as drivers of recidivism. The Texas Christian University Criminal Thinking Scales (CTS), a reliable and validated instrument, measures the effect of GEO Reentry’s treatment on antisocial cognition and attitudes. The results of this report indicate that GEO Reentry’s in-custody treatment services reduced criminal thinking patterns as measured by the CTS, and therefore lowers the potential for future recidivism.

SUMMARY OF RESULTS

Research evaluators analyzed the pre- and post-treatment scores for 128 individuals who participated in in-prison treatment at one of the four Illinois in-prison treatment programs between July 1, 2022 and June 30, 2023. These individuals had moderate- to high-risk scores in at least one domain at intake. Participant risk level is determined by the recommended score ranges outlined by research² (see table below). The average number of days between the pre- and post-treatment assessment was 213 days.

The results indicated in Figure 1 illustrate these participants had a clinically significant reduction, averaging 15% (4.2 points) across all six domains.



CTS DOMAINS	DESCRIPTION	RECOMMENDED RISK SCORE RANGES ²		
		LOW	MEDIUM	HIGH
ENTITLEMENT	<ul style="list-style-type: none"> · Focuses on a sense of ownership and privilege · High scores are associated with the individual’s belief that the world “owes them” and they deserve special consideration 	10-17	18-20	21-40
JUSTIFICATION	<ul style="list-style-type: none"> · Refers to patterns of thought that minimize the seriousness of antisocial acts and by justifying actions based on external circumstances · High scores may be associated with perceived social injustice 	10-18	19-22	23-40
POWER ORIENTATION	<ul style="list-style-type: none"> · Measures the need of power and control · High scores are associated with higher levels of aggression and controlling behaviors 	10-22	23-37	28-40
COLD HEARTEDNESS	<ul style="list-style-type: none"> · High scores reflect a lack of emotional involvement 	10-20	21-23	24-40
CRIMINAL RATIONALIZATION	<ul style="list-style-type: none"> · High scores are associated with negative attitude towards the law and authority figures 	10-28	29-35	36-40
PERSONAL RATIONALIZATION	<ul style="list-style-type: none"> · Assesses the degree to which an individual is willing to accept ownership for criminal actions · High scores are associated with non-acceptance of criminal actions and often blaming others 	10-18	19-24	25-40

¹ Knight, K., Garner, B.R., Simpson D.W. Morey, J.T., & Flynn, P.M. (2006). “An assessment for criminal thinking” *Crime & Delinquency*, Vol. 52, No. 1, 159-17

² Knight, K., Ekelund, B., Barbour, P. (2015) “Simplifying Assessment in Criminal Justice and Treatment Settings: Using TCU Tools to Ensure Effective Services”. <https://docplayer.net/45907693-Simplifying-assessment-in-criminal-justice-and-treatment-settings-using-tcu-tools-to-ensure-effective-services.html>

STAFF GROWTH & DEVELOPMENT

Staff growth and development remained a top priority for GEO Reentry. Training opportunities, secured on and off site, to increase and enhance staff training included:

- Absorb Learning Management System (LMS)
- GEO Continuum of Care® Training Institute
- Evidenced-based Training Academy
- Certified Alcohol and Drug Counselors (CADC) Preparation Program
- Staff Growth and Development Training Program
- Therapeutic Community Experiential Training

RECRUITING EFFORTS

GEO Reentry continued implementing cost-effective recruitment efforts to maintain a pool of qualified applicants. Corporate Human Resources (HR) facilitated meetings to brainstorm creative and innovative recruiting methods. Additional measures included updating the job postings to include an overview of benefits, participation in college job fairs, and flyers to attract local candidates.

Southern Illinois University-Edwardsville (SIUE) Career Fair On October 5, 2022, HR Coordinator Trina Cheatham and Program Coordinator Bruce Morrison attended the career fair, where approximately 29 students, professors, and other vendors visited the GEO Reentry table.

Southwestern Illinois College Career Fair On November 9, 2022, Trina Cheatham, Clinical Supervisor Anthony McCauley, and SWICC Assistant Director Maggie O'Connor attended a Career Fair hosted by the college. The fair was open to the community, and approximately 15 individuals expressed interest in joining the GEO Reentry team, with many more showing interest in learning more about GEO Reentry.

TREATMENT STAFF

GEO Reentry is contracted for 57 positions at SWICC. During FY23, 14 new staff were hired, and six were discharged. At the end of the reporting period, there were 32 active positions, 25 vacancies, and 50% of the staff were CADC certified. Clinical services staff are licensed CADC professionals or equivalent.

- **Lori Moore, CADC** • Program Director • Hired August 2018
- **Warren Johnson, CADC** • Assistant Director • Hired October 2006
- **Bruce Morrison, CADC** • Program Coordinator • Hired September 2015
- **Barbara Dawson, LPC** • Clinical Manager • Hired October 2010
- **Tommie Anderson, CADC** • Clinical Supervisor • Hired December 2006
- **Paula Butler, CADC** • Clinical Supervisor • Hired December 2007
- **Roderick Goff, CADC** • Clinical Supervisor • Hired May 2009
- **Julia Eckmann, CADC** • Clinical Supervisor • Hired May 2018
- **Anthony McCauley, CADC** • Clinical Supervisor • Hired October 2016
- **KaShena McDonald, CADC** • CAAP Trainer • Hired October 2006
- **Adam Geisendorfer, CADC** • Senior Counselor • Hired May 2018
- **Mary Gully, CADC** • Senior Counselor • Hired February 2023
- **Edith Nakova, CADC** • Senior Counselor • Hired August 2017
- **Joan Adams, CADC** • Counselor II • Hired May 2007
- **Annette Cooper** • Counselor I • Hired June 2022
- **Michelle Behrman** • Counselor I • Hired March 2023
- **Patricia Drisdell** • Counselor I • Hired February 2023
- **Kenton Fort** • Counselor I • Hired October 2022
- **Leo Horton** • Counselor I • Hired December 2020
- **Ross Klucker** • Counselor I • Hired May 2022
- **Robert Kozik** • Counselor I • Hired February 2023
- **Nicole Kreher** • Counselor I • Hired November 2022
- **Carolyn Mason** • Counselor I • Hired December 2022
- **Kaley Smith** • Counselor I • Hired November 2022
- **Tyrone Smith** • Counselor I • Hired July 2022
- **Carla Sykes** • Counselor I • Hired October 2022
- **Woodrow Weaver** • Counselor I • Hired March 2023
- **Trina Cheatham** • HR Coordinator • Hired September 2021
- **Sarah O'Dell** • Program Evaluator • Hired August 2019
- **Antonio Davidson** • Facility Coordinator • Hired March 2022
- **Yolanda Wachewicz** • Facility Coordinator • Hired August 2021

CLINICAL SUPERVISION TRAINING

In FY23, 675 files were audited; the 373 admission files received an audit score of 92%; the 181 continuing stay files received an audit score of 81%; the 121 discharge files received an audit score of 91%.

ADMISSION AUDITS



CONTINUING STAY AUDITS



DISCHARGE AUDITS



■ FY19 ■ FY20 ■ FY21 ■ FY22 ■ FY23

PERFORMANCE MEASURES

The SWICC program maintained 100% compliance with all performance measures, with the exception of those areas impacted by the extenuating circumstances due to COVID-19.

1) ASSESSMENT

System Goal: Program participants are appropriately matched to the program and will benefit from receiving services; and create an integrated and individualized service delivery plan for each participant.

Specific Objective: Ensure that participants who do not show evidence of a substance use disorder and/or do not meet eligibility criteria are removed from the program; and improve service delivery by incorporating information from the clinical, behavioral, and educational assessments into a comprehensive treatment plan that directs the regimen of services delivered, and opportunities provided to program participants within the treatment environment.

MEASUREMENT	AUDIT SCORE
100% of participants will have a substance use Addiction Severity Index (ASI) assessment completed within seven days of their admission unless there are extenuating circumstances.	100%
100% of participants will have a Texas Christian University Criminal Justice Client Evaluation of Self and Treatment (TCU CJ-CEST) intake assessment, Career Scope, Barriers to Employment Success Inventory (BESI), Test of Adult Basic Education (TABE) test, and initial intake health screening completed within ten days of their admission unless there are extenuating circumstances.	100%
100% of participants will have an integrated treatment and reentry plan reviewed by a formal group of multi-disciplinary staff before transitioning to Phase 2.	100%

2) SUBSTANCE USE TREATMENT DELIVERY WITH MODIFIED THERAPEUTIC COMMUNITY (TC)

System Goal: Program participants will receive state-of-the-art substance use treatment using a modified TC model, which integrates education, job preparation, counseling, clinical reentry management services, and community reintegration.

Specific Objective: Ensure that TC program interventions are implemented within the framework of the overall philosophical goals of the model, with the ultimate objective to teach the principle of "right living" in a manner that allows individuals to assimilate the characteristics of healthy prosocial behavior and provide the experiential framework within which they can evidence internalization of such principles through their interactions with others in the community.

MEASUREMENT	AUDIT SCORE
The program will maintain a participant retention rate of 85% after the orientation phase, excluding non-disciplinary transfers.	100%
90% of participants promoted to the next treatment phase will have been in their previous treatment for the designed time frame.	100%
90% of participants will have the TCU CJ-CEST assessment administered within ten days of a treatment phase change; and 90% of the participants will have the results disseminated to the appropriate counselor within seven days of administering the assessment unless there are extenuating circumstances.	100%
A substance use treatment supervisor will be present at 100% of the adjustment committee hearings for major tickets to ensure continuity between the IDOC and the substance use treatment provider.	Not Applicable*
A minimum of two areas of specialized therapy will be offered to participants during a six-month period.	100%
100% of participants' counselor aftercare recommendations will be reviewed and approved by the Director, Assistant Director, or Clinical Manager.	100%
Substance use treatment unit supervisors will audit 15% of the participant files per quarter, including a review of individualized treatment plans and case notes.	100%
A minimum of 50% of substance use treatment staff who provide direct clinical services will be certified.	100%
100% of substance use treatment staff employed for two or more years will be certified.	100%

* GEO Reentry Services was not asked to participate on the Adjustment Committee hearings.

3) OVERSIGHT OF SERVICE DELIVERY

MEASUREMENT	AUDIT SCORE
Annually, vendors will provide a minimum of one immersion training with community agencies and IDOC employees, so that staff involved in the program are fully trained and acclimated on all aspects of the integration.	100%
The substance use treatment provider will offer a minimum of four full-day (24 hours total) staff trainings per fiscal year. These trainings will be open to all IDOC and partner agency staff.	100%
A Quality Improvement (QI) meeting will be held onsite each fiscal quarter to review the performance benchmarks and programming quality. A representative from each program component shall be in attendance and participate. Meeting notes are taken at each meeting. IDOC staff in attendance include the warden, assistant warden of programs, security, education, parole, and the Parole Resources Unit (PRU).	Not Applicable*

* GEO Reentry submitted quarterly Substance Use Evaluation reports to IDOC, as meetings were suspended due to COVID-19.

4) EDUCATION & JOB PREPARATION

MEASUREMENT	AUDIT SCORE
85% of Certified Associate Addictions Professional (CAAP) program participants will complete the program.	Not Applicable*

* The CAAP program was reinstated in March 2023. This is a four-month program, therefore there has not been an adequate amount of time for completion.

FY23 PROGRAM HIGHLIGHTS

GEO REENTRY SERVICES ENHANCED CURRICULUM

Cognitive Behavioral Interventions for Substance Abuse (CBI-SA) CBI-SA curriculum is designed for moderate- to high-risk individuals that require substance use disorder treatment. Developed by the University of Cincinnati Corrections Institute (UCCI), this cognitive behavioral approach teaches participants strategies to avoid substance use. The program emphasizes skill-building activities to assist with mental, social, emotional, and coping skills development. Research indicates that cognitive behavioral processes have demonstrated positive outcomes when used with a correctional population.

The CBI-SA curriculum requires training, and during the reporting period Training Specialists Jake Westmoreland and Eric Wright facilitated the following employee trainings:

- August 24-26, 2022: Eight GEO Reentry and SWICC employees
- March 15-17, 2023: Nine GEO Reentry employees from SWICC, Graham Correctional Center (GCC), Taylorville Correctional Center (TCC), and Jacksonville Correctional Center (JCC).
- March 20-22, 2023: Nine GEO Reentry employees from SWICC, GCC, TCC, and JCC
- May 9-11, 2023: One SWICC employee

Program Director Site Visits To ensure Substance Use Prevention & Recovery (SUPR) compliance, GEO Reentry Program Directors conducted site visits to complete internal audits of the personnel and clinical files. On September 2, 2022, Program Director Lori Moore visited GCC, and Program Director Wes Wilson visited SWICC on September 8, 2022. There were no findings in personnel files, clinical charts, admission files, and continuing stay files. There were two missed signatures in the discharge files.

ANCILLARY SERVICES

Certified Associate Addiction Professionals (CAAP) Program This training program provides participants with quality training, education, and state certification. Participants obtain the knowledge and skills to secure and maintain a job in the addiction or social services field. After the four-month course (approximately 400 hours of academic and practicum learning), CAAP participants take the Illinois Certification Board exam. CAAP certifications open the door to a career path focused on helping people and providing personal and professional growth. In March 2023, CAAP Program Trainer, KaShena McDonald, administered her 30th training session to 11 program participants.

EDUCATIONAL PARTNERSHIPS

In partnership with SIUE, GEO Reentry and SWICC staff had the opportunity to connect with college students pursuing a career in criminal justice. On February 15, 2023 and September 28, 2022, Program Coordinator Bruce Morrison and Lieutenant Cyndia Fields provided an overview of the GEO Reentry Services treatment program at SWICC. The professors and students were engaged and asked many questions.

EMPLOYEE RECOGNITION & EVENTS

Employee Recognition Program The GEO Reentry High Five Series was developed to recognize individual and team efforts and encourage employees to work to their highest potential. GEO Reentry believes that employees are valuable assets, critical to meeting goals and objectives and fulfilling our mission. The program provides several ways to recognize employees.

National Recovery Month—Raffle for Recovery In September 2022, GEO Reentry Spirit Committee hosted a raffle to honor the staff's hard work, flexibility, and dedication to the recovery field. The first-, second-, and third-place winners received \$50, \$20, and \$10 gift cards donated by the management team. Spirit Committee members Yolanda Wachewicz and Maggie O'Connor provided snack bags to all staff.

Reentry Simulation Summit On November 18, 2022, IDOC hosted the Annual Reentry Simulation Summit for individuals that have six months left in the program. This interactive summit simulated real-life reentry situations, challenges, and barriers that justice-involved individuals face in transition from incarceration to the community. SWICC Assistant Director Maggie O'Connor and Facility Coordinators Antonio Davidson and Yolanda Wachewicz attended and assisted IDOC throughout the summit.

"What is My Why" Presentation In January 2023, the leadership team participated in a presentation entitled "What is My Why." The project was designed to enhance job satisfaction and performance in the workplace. Leadership staff identified their sense of purpose, passion, and commitment to their job and the reentry field.

IDOC Contractual Employee of the Month In February 2023, Clinical Supervisor Tommie Anderson was awarded IDOC Contractual Employee of the Month.

National Heart Health—Wear Red Day On February 3, 2023, GEO Reentry Services and SWICC staff participated in National Wear Red Day® to bring awareness to heart disease as Americans' leading cause of death.

Employee Appreciation Day On March 3, 2023, the leadership team hosted a luncheon to show their appreciation of the employees hard work and dedication.

Administrative Professionals Day On April 26, 2023, GEO Reentry celebrated our Administrative Assistants and support staff, who keep our office running smoothly, with a team luncheon.



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