

2023 PROGRAM OUTCOMES

IDAHO CONNECTION & INTERVENTION STATIONS



CONNECTION & INTERVENTION STATION (CIS)

- Boise CIS
- Coeur d'Alene CIS
- Idaho Falls CIS
- Lewiston CIS
- Nampa-Caldwell CIS
- Pocatello CIS
- Twin Falls CIS

AGENCY

Idaho Department of Correction (IDOC)

POPULATION

Adults on probation and parole

PROGRAM SUMMARY

Throughout the state of Idaho, GEO Reentry Services provides comprehensive programs tailored to meet individual risk and needs. At the foundation of our approach is cognitive behavioral programming designed to address criminogenic needs as identified through the assessment process. The program model at the seven Idaho CIS locations includes individual cognitive behavioral sessions, Moral Reconciliation Therapy® (MRT), Getting Motivated to Change, self-directed virtual programming, employment readiness and assistance, trauma-informed programming, life skills, parenting, anger management, substance use education, community resource connections, and aftercare. Programming is delivered through group, individual, and virtual sessions. GEO Reentry also oversees transitional housing support services, which includes providing technical support to providers and serving as a liaison between the department, referred participants, and providers.

The following reflects the annual (January 1, 2023 – December 31, 2023) program data and intermediate outcomes for the seven Idaho CIS locations.

PARTICIPANTS SERVED

1,720 Participants served during the reporting period

AVERAGE DAILY POPULATION

475 Average participants enrolled per day

REFERRALS

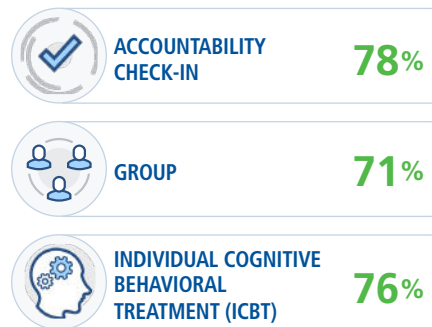
1,620 Participant referrals received from the agency during the reporting period

STARTING POINTS

1,244 Participants who started the program during the reporting period

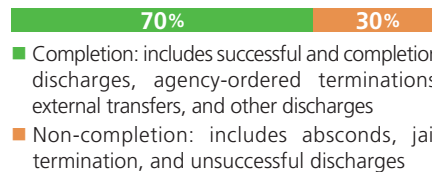
SERVICE ATTENDANCE RATES

Below is the breakdown of service attendance rates for the CIS population based on those scheduled for the service.



DISCHARGE RESULTS

TOTAL DISCHARGES: **1,306**



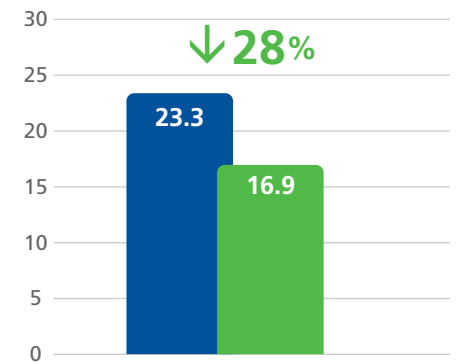
EMPLOYMENT RATE

64% Participants employed during the reporting period (n=894)

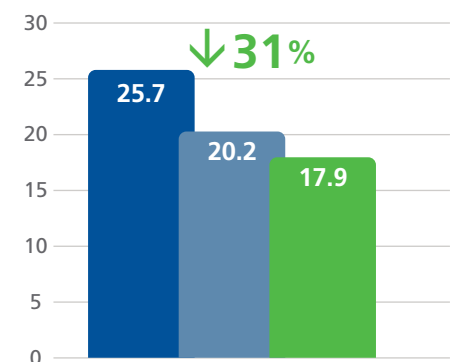
LSI-R RISK REDUCTION ASSESSMENT RESULTS

GEO Reentry uses the Level of Service Inventory Revised (LSI-R) tool to identify participants' risk and needs and the likelihood of recidivism. During the reporting period, 175 participants completed the assessment at starting point and exit, and a subset of 88 participants completed the assessment three times; at starting point, six months after starting point, and exit.

Programming at the Idaho CISs helped participants reduce their risk scores by an average of 28%, which correlates to a similar reduction in the probability of recidivism.¹ (n=175)



The results for the individuals who took the assessment three times show that the CIS programming helped reduce risk scores by an average of 31%. (n=88)



■ Starting Point
■ Six Months After Starting Point
■ Exit

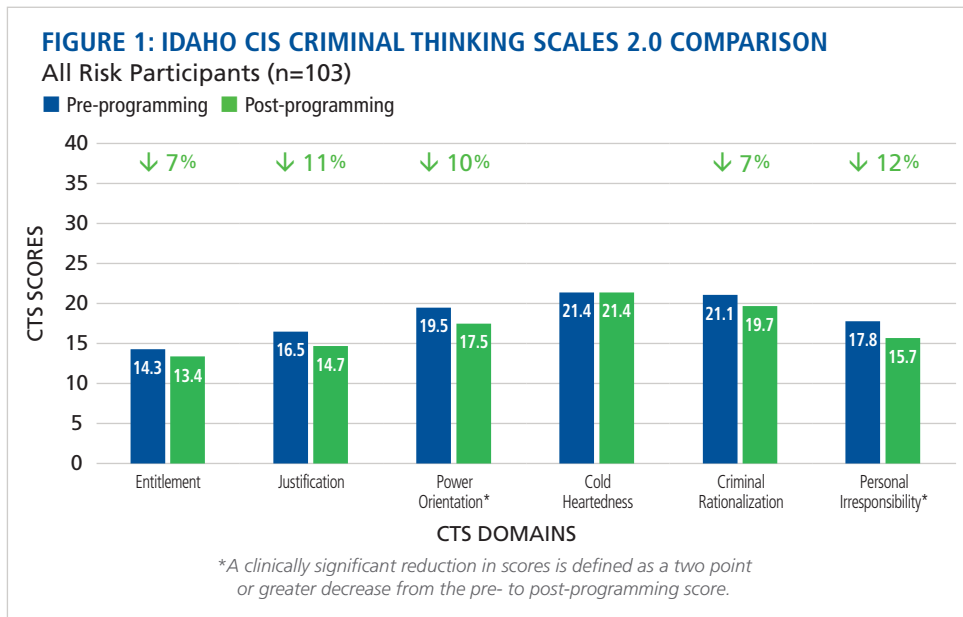
IDAHO CONNECTION INTERVENTION CENTERS REDUCE CRIMINAL THINKING

Criminal thinking domains, such as antisocial cognitions and antisocial attitudes, are frequent targets for change in correctional programs, and are described in current theories of criminal behavior.² The research on “What Works” to reduce recidivism indicates that antisocial cognition and antisocial attitudes (criminal thinking) are among the top three risk factors as drivers of recidivism. Texas Christian University (TCU) released the Criminal Thinking Scales (CTS) assessment tool in 2006, and later released version 3.0 in 2022. TCU researchers evaluated 2.0 and recommended new domains and definitions to assess and treat the justice-involved population more appropriately. CTS measures the effect of GEO Reentry’s programming on antisocial cognition and attitudes. The results included in this report indicate that GEO Reentry’s programming reduced criminal thinking patterns as measured by the CTS, and therefore lowers the potential for future recidivism.

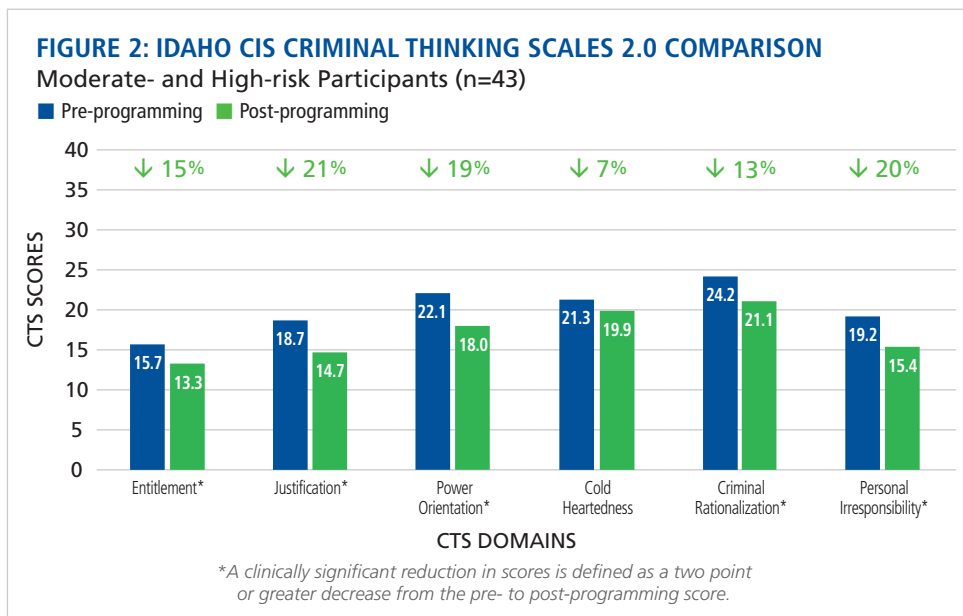
SUMMARY OF RESULTS

Research evaluators analyzed the CTS 2.0 pre-and post-programming scores for 103 individuals, regardless of risk, and a subset of 43 individuals with moderate- to high-risk of recidivism, who participated in programming at one of the seven Idaho CIS locations between January 1, 2023 and December 31, 2023. The average time between the pre-and post-programming assessments was 269 days.

- **FIGURE 1** illustrates the results of 103 individuals regardless of risk-level. These participants had an average reduction of 8% (1.4 point) across all six domains.
- **FIGURE 2** illustrates the results of 43 individuals with moderate- to high-risk levels. These participants had a clinically significant reduction, averaging 16% (3.1 points) across all six domains.

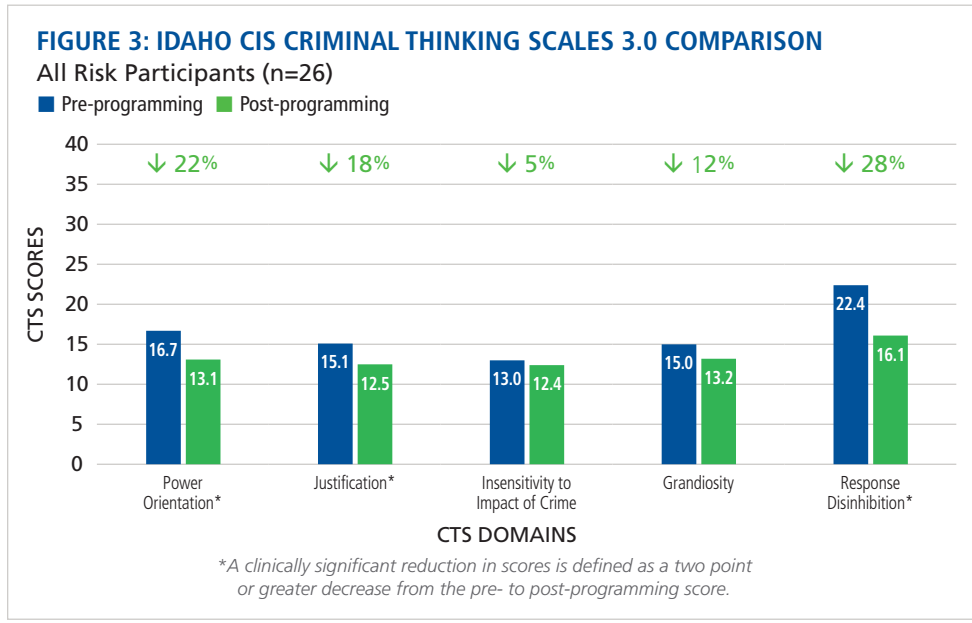


CTS DOMAINS	DESCRIPTION
ENTITLEMENT	<ul style="list-style-type: none"> · Focuses on a sense of ownership and privilege · High scores are associated with the individual’s belief that the world “owes them” and they deserve special consideration
JUSTIFICATION	<ul style="list-style-type: none"> · Refers to patterns of thought that minimize the seriousness of antisocial acts and by justifying actions based on external circumstances · High scores may be associated with perceived social injustice
POWER ORIENTATION	<ul style="list-style-type: none"> · Measures the need of power and control · High scores are associated with higher levels of aggression and controlling behaviors
COLD HEARTEDNESS	<ul style="list-style-type: none"> · High scores reflect a lack of emotional involvement
CRIMINAL RATIONALIZATION	<ul style="list-style-type: none"> · High scores are associated with negative attitude towards the law and authority figures
PERSONAL IRRESPONSIBILITY	<ul style="list-style-type: none"> · Assesses the degree to which an individual is willing to accept ownership for criminal actions · High scores are associated with non-acceptance of criminal actions and often blaming others

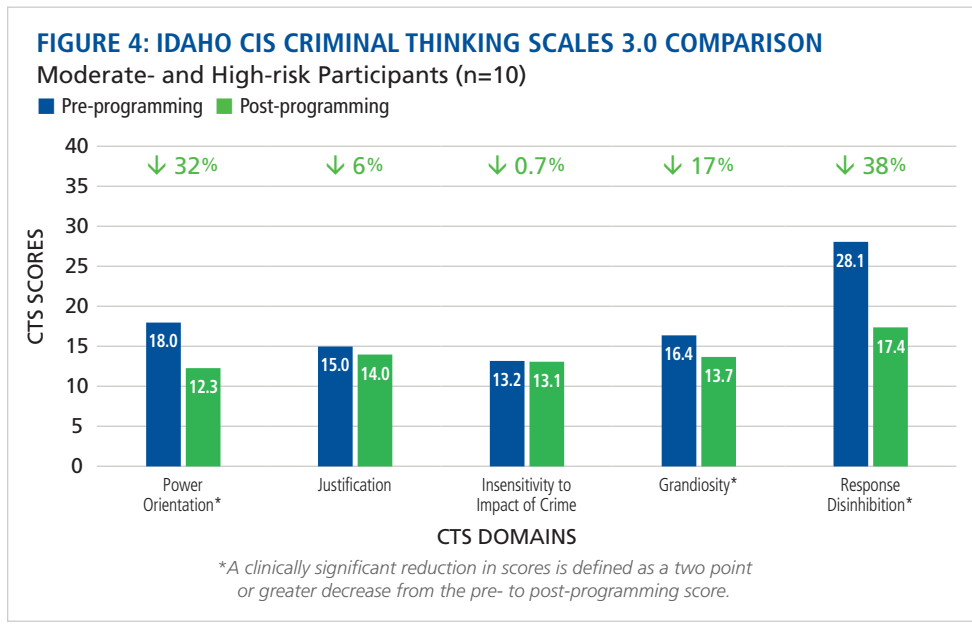


Furthermore, research evaluators analyzed the CTS 3.0 pre-and post-assessment scores for 26 individuals, regardless of risk, and a subset of 10 individuals with moderate- to high-risk of recidivism, who participated in programming at one of the seven Idaho CIS locations between January 1, 2023 and December 31, 2023. The average time between the pre-and post-programming assessments was 177 days.

- **FIGURE 3** illustrates the results for 26 individuals, regardless of risk-level. These participants had a clinically significant reduction, averaging 17% (3 points) across all five domains.
- **FIGURE 4** illustrates the results for 10 individuals, with moderate- to high-risk levels. These participants had a clinically significant reduction, averaging a 19% reduction (4 points) across all five domains.



CTS DOMAINS	DESCRIPTION
POWER ORIENTATION	<ul style="list-style-type: none"> Reflects the need for power and control High scores may be associated with an outward display of aggression to control their external environment or others
JUSTIFICATION	<ul style="list-style-type: none"> Refers to the tendency to justify one's criminal behavior High scores reflect a likelihood to make excuses for their crime(s) or blame others for their wrongdoings
INSENSITIVITY TO IMPACT OF CRIME	<ul style="list-style-type: none"> Focuses on a lack of understanding or awareness around the effect their crime has on others or society High scores may be associated with the individual being prone to shrugging off their crime(s), thinking it is not that big of a deal
GRANDIOSITY	<ul style="list-style-type: none"> Refers to thoughts and feelings of superiority as compared to others High scores are associated with a belief that one is above the law or superior to others
RESPONSE DISINHIBITION	<ul style="list-style-type: none"> Focuses on the inability to regulate behavior in situations when overwhelmed High scores reflect behavior that the individual may later regret such as lashing out or becoming aggressive



COMMUNITY RESOURCE REFERRALS

During the reporting period, the CIS locations provided 3,612 valuable resource referrals to assist with participant stabilization in the community. The top resources included:

1,171 Transportation	213 Food
471 Mental Health	205 Other
397 Substance Use/ Narcotics	192 Medical
353 Housing	138 Education
	137 Clothing

DRUG & ALCOHOL TEST RESULTS

CIS participants are required to test for alcohol and illicit substances. Below is the breakdown of negative and positive test results during the reporting period.

TOTAL DRUG TESTS: 19,522



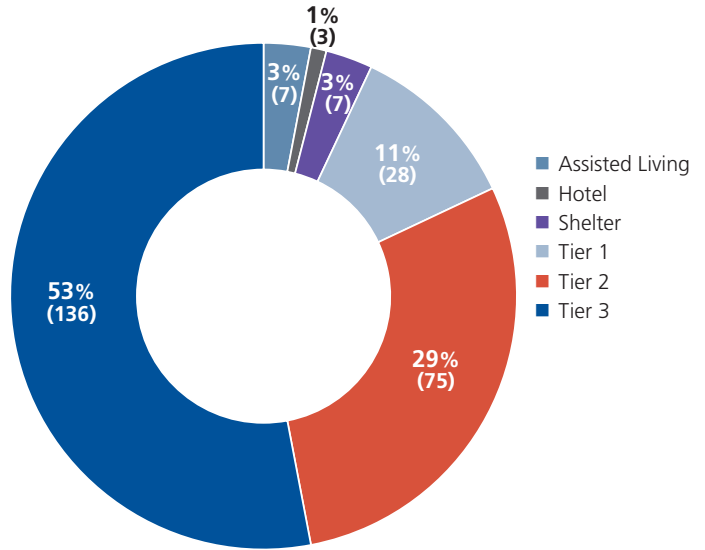
TOTAL BREATH ALCOHOL CONTENT (BrAC) TESTS: 4,850



■ Clean ■ Missed ■ Substance(s) Detected

TRANSITIONAL HOUSING

Transitional housing is an essential service in Idaho. During the reporting period, GEO Reentry worked with 80 transitional housing providers to place 1,793 individuals in 256 houses. The IDOC three-tiered standards system delineates the levels of service that the transitional housing providers offer returning citizens. During the reporting period, staff worked with ten providers to increase their tier level. Below is the breakdown of placements by housing type.



IN THEIR WORDS

Below is a sample of the participant answers when asked on the exit survey “overall, what has the CIS taught you?”

“How to **change my behaviors** for the better.”

“CIS has helped me achieve **sobriety** and to be aware of the signs and triggers that could lead to relapse. What I appreciate most of all, is that the CIS has helped me to mend myself and my relationships by helping me take **accountability** and make choices that show my **growth** and keep me moving on an upward trajectory. I didn’t see the extent of the damage that I had done before coming here. I had to see it, and feel all the feelings before I could start the process to really get back on track and find myself.”

“How to utilize tools that I’ve gained to cope with everyday life, **to make better choices**, and to lead a better life.”

“**To think about what I do or say** before I do it, because my actions could be harmful to myself and others, and sometimes these consequences can’t be repaired.”

“Better **ways to cope** with my stress and **manage my emotions** without reporting to using drugs.”

“The CIS has taught me how to walk again as a sober person. They taught me the skills I needed to **move forward** and gain a foundation in my sobriety and in my life.”

¹Andrews, D.A., Ph.D, Bonta, J.L., Ph.D. (2003). “Level of Service Inventory-Revised, U.S. Norms Manual Supplement.”

²Sease, T. B., & Knight, K. (2023). Development and Testing of the Texas Christian University Criminal Thinking Scales 3.0. *Crime & Delinquency*, 69(13-14), 2699-2718.

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