

# 2024 PROGRAM OUTCOMES

## MONTEREY COUNTY DAY REPORTING CENTER



### AGENCY

Monterey County Probation Department  
California Department of Corrections & Rehabilitation (CDCR)

### POPULATION

Adults on Probation and Parole

### PROGRAM SUMMARY

In Monterey County, GEO Reentry Services provides a comprehensive program tailored to meet individual participant's risk and needs. At the foundation of our approach is cognitive behavioral programming designed to address criminogenic needs as identified through the assessment process. The program model at the Monterey County Day Reporting Center (DRC) includes Moral Reconation Therapy® (MRT), Individual Cognitive Behavioral Treatment (ICBT), Thinking for a Change (T4C), Cognitive Behavioral Interventions for Employment (CBI-Emp), Healing Trauma curriculum, Getting Motivated to Change groups, substance use treatment, drug and alcohol testing, parenting skills, anger management, employment and career readiness, prosocial events, community connections, and transportation assistance.

The following reflects the annual (July 1, 2023 – June 30, 2024) program data and intermediate outcomes for the Monterey County DRC in California. Results are combined for County and CDCR participants.

### PARTICIPANTS SERVED

**421** Participants served during the reporting period

### AVERAGE DAILY POPULATION

**83** Average number of participants in the program per day

### STARTING POINTS

**236** Participants started the program during the reporting period

### RE-ADMITS

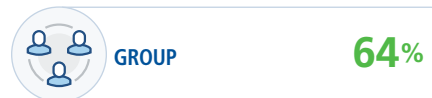
**21** Participants started the program during the reporting period that had previously enrolled in the program

### SERVICE ATTENDANCE RATES

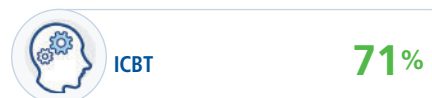
Below is the breakdown of the average service attendance rates for the DRC population based on those scheduled for the service. In addition, the attendance rates by phase are noted. As participants progressed through the phases, the percentages increased, showing positive program engagement.



PHASE 1	69%	PHASE 3	77%
PHASE 2	74%	AFTERCARE	84%



PHASE 1	63%	PHASE 3	71%
PHASE 2	63%	AFTERCARE	82%



PHASE 1	71%	PHASE 3	89%
PHASE 2	70%	AFTERCARE	89%

### DOSAGE HOURS

Below are the total programming events and dosage hours completed by the DRC population during the reporting period. Of the total programming hours, 95.8% were cognitive behavioral hours.

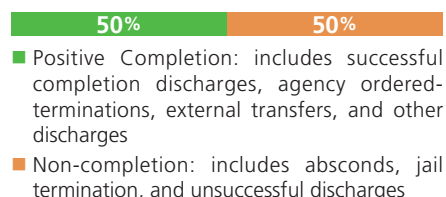
**18,341** Total Programming Events Attended

**3,819** Total Programming Hours

**3,659** Cognitive Behavioral Treatment Hours of the Total Programming Hours

### DISCHARGE RESULTS

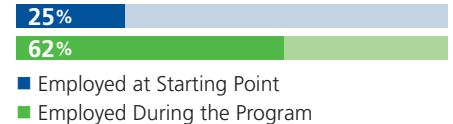
**TOTAL DISCHARGES: 185**



### EMPLOYMENT

A goal of the DRC is to assist participants in securing employment and/or enrolling in school. During the reporting period, the number of participants employed increased by 144% based on total individuals discharged. (n=185)

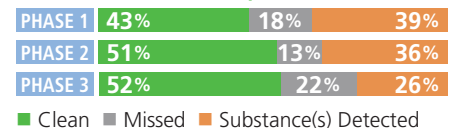
**EMPLOYMENT GAINS: 144%**



### DRUG TEST RESULTS

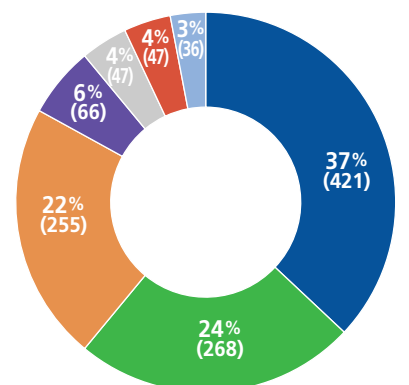
DRC participants are required to test for illicit substances. Below is the breakdown of negative, missed, and positive test results by phase. As participants progressed through the phases, the percentage of clean drug tests increased.

**TOTAL DRUG TESTS: 1,874**



### SUBSTANCES DETECTED

Of the participants who tested positive, a total of 122 substances were detected. Below are the results by substance.



■ Marijuana/Synthetic THC

■ Cocaine

■ Amphetamine

■ Alcohol

■ Methamphetamine

■ Opiate

■ Benzodiazepine

## CRIMINOGENIC NEEDS ASSESSMENT RESULTS

The DRC uses the Ohio Risk Assessment System (ORAS) tool to identify participant risk and needs. The top three criminogenic needs identified during the reporting period are listed below. (n=45)

### TOP CRIMINOGENIC NEEDS

1. Attitudes, values, and beliefs
2. Behavioral characteristics
3. Antisocial peers

## IN THEIR WORDS

Below is a sample of the participant testimonials from the July 2023 survey.

### What part of the overall DRC program has caused the most positive change in your life?

"I'd say my individual success plan has helped me [map a road to be successful](#)."

"The program has taught me [discipline](#), to have [patience](#), and to [keep striving for more](#) if I want to be successful."

"The program allowed me to [deal with my emotions](#) in a healthier way."

## MONTEREY COUNTY DRC REDUCES CRIMINAL THINKING

Criminal thinking domains, such as antisocial cognitions and antisocial attitudes, are frequent targets for change in correctional treatment, and are described in current theories of criminal behavior.<sup>1</sup> The research on "What Works" to reduce recidivism indicates that antisocial cognition and antisocial attitudes (criminal thinking) are among the top three risk factors as drivers of recidivism. The Texas Christian University Criminal Thinking Scales (CTS), a reliable and validated instrument, measures the effect of GEO Reentry's programming on antisocial cognition and attitudes. The results of this report indicate that GEO Reentry's programming reduced criminal thinking patterns as measured by the CTS, and therefore lowers the potential for future recidivism.

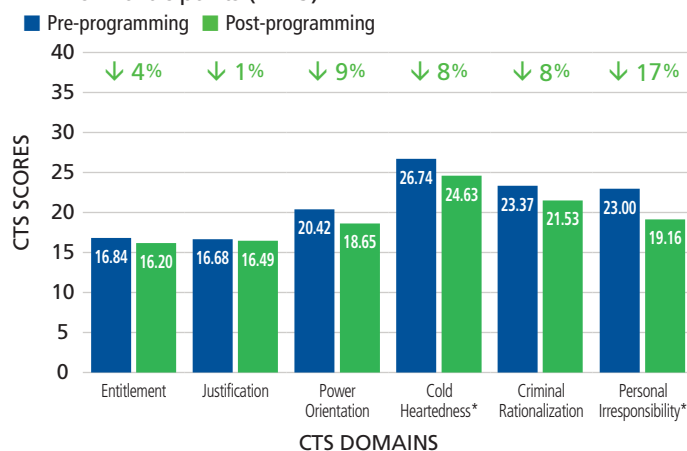
### SUMMARY OF RESULTS

Research evaluators analyzed the pre- and post-programming CTS scores for 19 individuals, regardless of risk, and a subset of 10 individuals with moderate- to high-risk scores in at least one criminogenic need at starting point, who participated in the programming at the Monterey County DRC between July 1, 2023 and June 30, 2024. The average number of days between the pre- and post-programming assessments was 368 days.

- **FIGURE 1** illustrates the results of 19 individuals regardless of risk level. [These participants averaged an 8% reduction \(1.7 points\) across all six domains. Two of the six domains showed a clinically significant reduction \(two points or greater\) in participant criminal thinking patterns.](#)
- **FIGURE 2** illustrates the results of 10 individuals with moderate- to high-risk scores in at least one criminogenic need at starting point. Participant risk level is determined by the recommended score ranges outlined by research (see table on next page). [These participants averaged a 15% reduction \(3.9 points\) across all six domains. All six domains showed a clinically significant reduction \(two points or greater\) in criminal thinking patterns.](#)

**FIGURE 1: MONTEREY COUNTY DRC  
CRIMINAL THINKING SCALES COMPARISON**

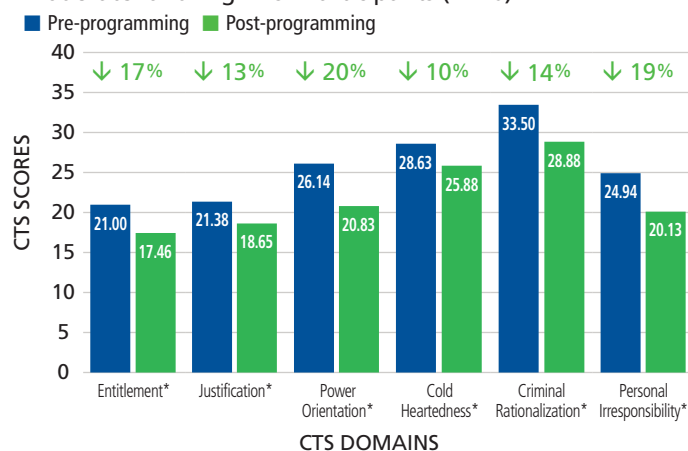
All Risk Participants (n=19)



\*A clinically significant reduction in scores is defined as a two point or greater decrease from the pre- to post-programming score.

**FIGURE 2: MONTEREY COUNTY DRC  
CRIMINAL THINKING SCALES COMPARISON**

Moderate- and High-risk Participants (n=10)



CTS DOMAINS	DESCRIPTION	RECOMMENDED RISK SCORE RANGES <sup>2</sup>		
		LOW	MEDIUM	HIGH
ENTITLEMENT	· Focuses on a sense of ownership and privilege · High scores are associated with the individual's belief that the world "owes them" and they deserve special consideration	10-17	18-20	21-40
JUSTIFICATION	· Refers to patterns of thought that minimize the seriousness of antisocial acts and by justifying actions based on external circumstances · High scores may be associated with perceived social injustice	10-18	19-22	23-40
POWER ORIENTATION	· Measures the need of power and control · High scores are associated with higher levels of aggression and controlling behaviors	10-22	23-37	28-40
COLD HEARTEDNESS	· High scores reflect a lack of emotional involvement	10-20	21-23	24-40
CRIMINAL RATIONALIZATION	· High scores are associated with negative attitude towards the law and authority figures	10-28	29-35	36-40
PERSONAL IRRESPONSIBILITY	· Assesses the degree to which an individual is willing to accept ownership for criminal actions · High scores are associated with non-acceptance of criminal actions and often blaming others	10-18	19-24	25-40

<sup>1</sup>Knight, K., Garner, B.R., Simpson D.W. Morey, J.T., & Flynn, P.M. (2006). "An assessment for criminal thinking" *Crime & Delinquency*, Vol. 52, No. 1, 159-177

<sup>2</sup>Knight, K., Ekelund, B., Barbour, P. (2015). "Simplifying Assessment in Criminal Justice and Treatment Settings: Using TCU Tools to Ensure Effective Services".

**FOR MORE INFORMATION** Karen Graff, Area Manager • 707.254.4904 • [kgraff@geogroup.com](mailto:kgraff@geogroup.com)