

# 2024 PROGRAM OUTCOMES

## SACRAMENTO DAY REPORTING CENTER



### AGENCY

Federal Bureau of Prisons (BOP) and United States Probation Office (USPO)

### POPULATION

Individuals on home confinement

### PROGRAM SUMMARY

In partnership with the BOP and USPO, GEO Reentry Services operates the Sacramento Day Reporting Center (DRC) to serve adult participants on home confinement in the greater Sacramento area. This unique DRC provides accountability, supervision, and evidence-based programming to reduce recidivism and deliver the necessary tools for participants to lead successful, crime-free lives in the community. At the foundation of our approach is cognitive behavioral programming designed to address criminogenic needs as identified through the assessment process. The program model at the Sacramento DRC includes Cognitive Behavioral Treatment (CBT), Moral Reconciliation Therapy® (MRT), electronic monitoring, employment readiness, life skills, education services, cognitive restructuring, and community connections. Programming is delivered through group and individual sessions. Through the creative partnership between GEO Reentry and the BOP and USPO, the Sacramento DRC enhances public safety and has a positive impact not only on the individuals we serve, but on the entire community.

The following reflects the annual (July 1, 2023-June 30, 2024) program data and intermediate outcomes for the Sacramento DRC.

### PARTICIPANTS SERVED

**93** Participants served during the reporting period

### AVERAGE DAILY POPULATION

**24** Average number of participants in the program per day

### DOSAGE

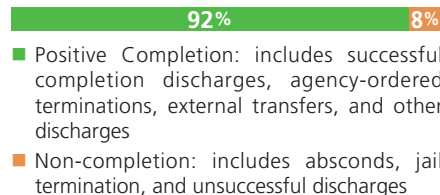
**3,344** Cognitive behavioral programming hours, including group and individual interventions, completed during the reporting period

**4,224** Total events (cognitive and non-cognitive) during the reporting period

### DISCHARGE & LENGTH OF PARTICIPATION RESULTS

Below are the discharge results for the reporting period. The average number of participation days was 138 days for individuals with a positive completion discharge and 60 days for non-completion discharges.

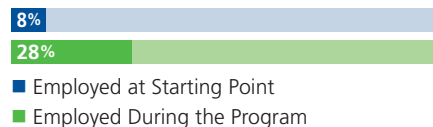
#### TOTAL DISCHARGES: 64



### EMPLOYMENT

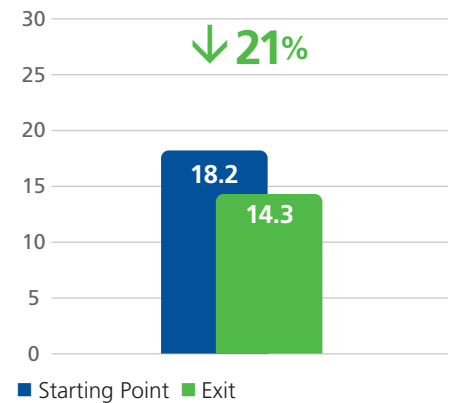
A goal of the DRC is to assist participants in securing employment and/or enrolling in school. During the reporting period, the number of participants employed increased by 250% based on total individuals discharged. (n=64)

#### EMPLOYMENT GAINS: 250%



### LSI-R RISK REDUCTION ASSESSMENT RESULTS

During the reporting period, programming at the DRC helped participants reduce their risk scores by an average of 21%, which correlates to a similar reduction in the probability of recidivism.<sup>1</sup> (n=18)



### PARTICIPANT SURVEY RESULTS

Below are the results from the July 2023 participant survey.

#### What part of the overall DRC program has caused the most positive change in your life?

"Helping me return to society in a positive and productive way."

"It taught me how to better improve as a person and to not make excuses or minimize my mistakes and to own up and do better next time."

"Staff is extremely helpful, respectful, and positive. They provide me with what I need to succeed."

"This place operates smooth. The people love what they do, and it shows."

## SACRAMENTO DRC PROGRAMMING REDUCES CRIMINAL THINKING

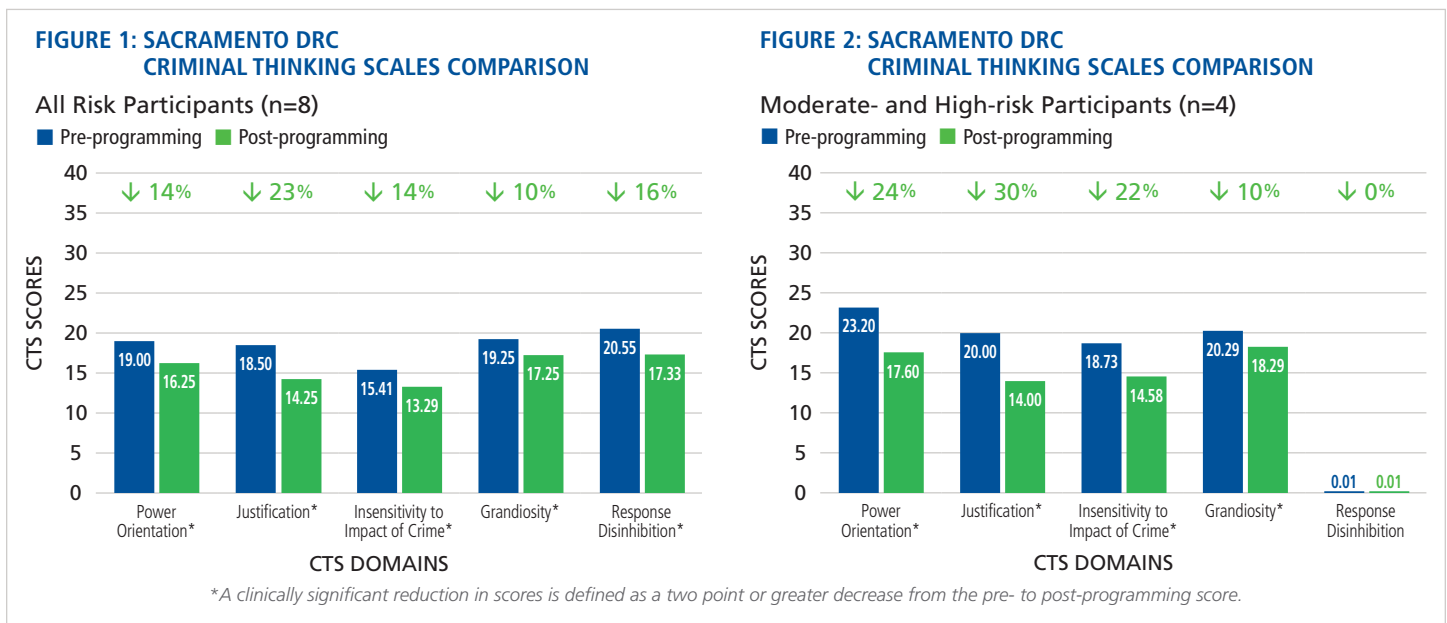
Criminal thinking domains, such as antisocial cognitions and antisocial attitudes, are frequent targets for change in correctional treatment, and are described in current theories of criminal behavior.<sup>2</sup> The research on “What Works” to reduce recidivism indicates that antisocial cognition and antisocial attitudes (criminal thinking) are among the top three risk factors as drivers of recidivism. The Texas Christian University (TCU) Criminal Thinking Scales (CTS) 3.0, released in 2022, measures the effect of GEO Reentry’s programming on antisocial cognition and attitudes. The results of this report indicate that GEO Reentry’s programming reduced criminal thinking patterns as measured by the CTS, and therefore lowers the potential for future recidivism.

### SUMMARY OF RESULTS

Research evaluators analyzed the pre- and post-programming CTS scores for eight individuals, regardless of risk level, and a subset of four individuals with moderate- to high-risk in at least one domain at starting point, who participated in programming at the Sacramento DRC between July 1, 2023 and June 30, 2024. The average number of days between the pre- and post-programming assessments was 86 days for all risk level participants and 159 days for the moderate- to high-risk participants.

- **FIGURE 1** illustrates the results of the eight individuals regardless of risk level. These participants averaged a 15% reduction (2.8 points) across all five domains. All five domains showed a clinically significant reduction (two points or greater) in criminal thinking patterns.

- **FIGURE 2** illustrates the results of the four individuals with moderate- to high-risk scores in at least one domain at starting point. Participant risk level is determined by the recommended score ranges outlined by research (see table below). These participants averaged a 17% reduction (3.5 points) across all five domains. Four of the five domains showed a clinically significant reduction (two points or greater) in criminal thinking patterns.



CTS DOMAINS	DESCRIPTION	RECOMMENDED RISK SCORE RANGES		
		LOW	MEDIUM	HIGH
POWER ORIENTATION	<ul style="list-style-type: none"> <li>Reflects the need for power and control</li> <li>High scores may be associated with an outward display of aggression to control their external environment or others</li> </ul>	10-15	16-23	24-50
JUSTIFICATION	<ul style="list-style-type: none"> <li>Refers to the tendency to justify one’s criminal behavior</li> <li>High scores reflect a likelihood to make excuses for their crime(s) or blame others for their wrongdoings</li> </ul>	10-15	16-23	24-50
INSENSITIVITY TO IMPACT OF CRIME	<ul style="list-style-type: none"> <li>Focuses on a lack of understanding or awareness around the effect their crime has on others or society</li> <li>High scores may be associated with the individual being prone to shrugging off their crime(s), thinking it is not that big of a deal</li> </ul>	10-17	18-21	22-50
GRANDIOSITY	<ul style="list-style-type: none"> <li>Refers to thoughts and feelings of superiority as compared to others</li> <li>High scores are associated with a belief that one is above the law or superior to others</li> </ul>	10-15	16-23	24-50
RESPONSE DISINHIBITION	<ul style="list-style-type: none"> <li>Focuses on the inability to regulate behavior in situations when overwhelmed</li> <li>High scores reflect behavior that the individual may later regret such as lashing out or becoming aggressive</li> </ul>	10-23	24-30	31-50

<sup>1</sup>Andrews, D.A., Ph.D, Bonta, J.L., Ph.D. (2003). “Level of Service Inventory-Revised, U.S. Norms Manual Supplement”

<sup>2</sup>Sease, T. B., & Knight, K. (2023). Development and Testing of the Texas Christian University Criminal Thinking Scales 3.0. *Crime & Delinquency*, 69(13-14), 2699-2718.

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