2023 PROGRAM OUTCOMESSACRAMENTO DAY REPORTING CENTER



AGENCY

Federal Bureau of Prisons

POPULATION

Individuals on home confinement

PROGRAM SUMMARY

In partnership with the Federal Bureau of Prisons (BOP), GEO Reentry Services operates the Sacramento Day Reporting Center (DRC) to serve adult participants on home confinement in the Central District of California. This unique DRC provides accountability, supervision, and evidence-based programming to reduce recidivism and deliver the necessary tools for participants to lead successful, crime-free lives in the community. The program is designed to address criminogenic needs as identified through the assessment process. At the foundation of our approach is cognitive behavioral programming designed to address criminogenic needs as identified through the assessment process. The program model at the Sacramento DRC includes Cognitive Behavioral Treatment (CBT), Moral Reconation Therapy® (MRT), electronic monitoring, employment readiness, life skills, education services, and cognitive restructuring. Programming is delivered through group and individual sessions. Through the creative partnership between GEO Reentry and the BOP, the Sacramento DRC enhances public safety and has a positive impact not only on the individuals, but the entire community.

The following reflects the annual (July 1, 2022-June 30, 2023) program data and intermediate outcomes for the Sacramento DRC in California.

PARTICIPANTS SERVED

93

Participants served during the reporting period

AVERAGE DAILY POPULATION

24

Average participants enrolled per day

DISCHARGE & LENGTH OF PARTICIPATION RESULTS

Below are the discharge results for the reporting period. The average number of participation days was 138 for individuals with a positive completion and 60 for non-completions.

TOTAL DISCHARGES: 66

91%

9%

- Positive Completion: includes successful and completion discharges, agency-ordered terminations, external transfers, and other discharges
- Non-completion: includes absconds, jail termination, and unsuccessful discharges

EMPLOYMENT

A goal of the DRC is to assist participants with securing employment and/or enrollment in school. During the reporting period, the number of participants employed increased by 533% based on total individuals discharged. (n=66)

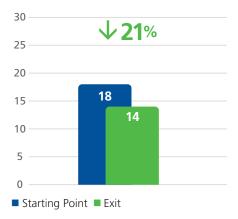
EMPLOYMENT GAINS: 533%

76%

- Employed at Starting Point
- Employed at Exit

LSI-R RISK REDUCTION ASSESSMENT RESULTS

The DRC uses the Level of Service Inventory Revised (LSI-R) tool to identify participants' risk, needs, and likelihood of recidivism. Assessments are administered at program starting point, and every six months until discharge. During the reporting period, programming at the DRC helped participants reduce their risk scores by an average of 21%, which correlates to a similar reduction in the probability of recidivism. (n=18)



PARTICIPANT SURVEY RESULTS

Below are the results from the July 2023 participant survey. (n=10)

Please indicate your level of agreement with the following statements:

GEO Reentry staff provide me with a healthy, compassionate environment

100%

GEO Reentry staff treat me with dignity and respect

100%

- Agree/Strongly Agree
- Disagree/Strongly Disagree

IN THEIR WORDS

"I feel the program allowed me to change my outlook on life and its true values. Actively writing and discussing my wrongs in life and in my past helped me accept them and move on for the better, for myself and my children."

-DRC Participant

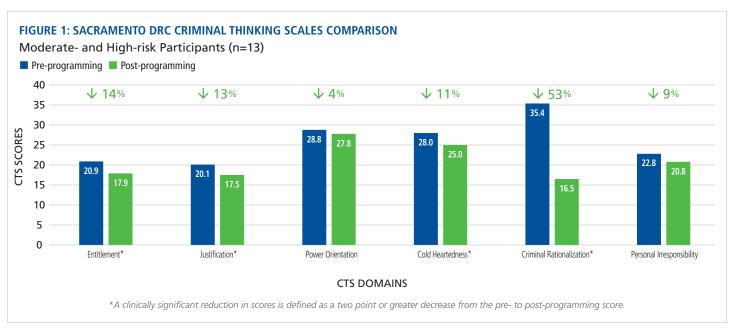
SACRAMENTO DRC PROGRAMMING REDUCES CRIMINAL THINKING

Criminal thinking domains, such as antisocial cognitions and antisocial attitudes, are frequent targets for change in correctional treatment, and are described in current theories of criminal behavior.² The research on "What Works" to reduce recidivism indicates that antisocial cognition and antisocial attitudes (criminal thinking) are among the top three risk factors as drivers of recidivism. The Texas Christian University Criminal Thinking Scales (CTS), a reliable and validated instrument, measures the effect of GEO Reentry's programming on antisocial cognition and attitudes. The results of this report indicate that GEO Reentry's program reduced criminal thinking patterns as measured by the CTS, and therefore lowers the potential for future recidivism.

SUMMARY OF RESULTS

Research evaluators analyzed the pre- and post-programming CTS scores for 13 individuals who participated in programming at the Sacramento DRC between July 1, 2022 and June 30, 2023. These individuals had moderate- to high-risk scores in at least one domain at starting point. Participant risk level is determined by the recommended score ranges outlined by research (see table below). The average number of days between the pre- and post-assessment was 188 days.

The results indicated in Figure 1 illustrate these participants had a clinically significant reduction, averaging 17% (5 points) across all six domains.



CTS DOMAINS	DESCRIPTION	RECOMMENDED RISK SCORE RANGES ³		
		LOW	MEDIUM	HIGH
ENTITLEMENT	· Focuses on a sense of ownership and privilege · High scores are associated with the individual's belief that the world "owes them" and they deserve special consideration	10-17	18-20	21-40
JUSTIFICATION	· Refers to patterns of thought that minimize the seriousness of antisocial acts and by justifying actions based on external circumstances · High scores may be associated with perceived social injustice	10-18	19-22	23-40
POWER ORIENTATION	· Measures the need of power and control · High scores are associated with higher levels of aggression and controlling behaviors	10-22	23-37	28-40
COLD HEARTEDNESS	· High scores reflect a lack of emotional involvement	10-20	21-23	24-40
CRIMINAL RATIONALIZATION	$\cdot \ \text{High scores are associated with negative attitude towards the law and authority figures} \\$	10-28	29-35	36-40
PERSONAL RATIONALIZATION	· Assesses the degree to which an individual is willing to accept ownership for criminal actions · High scores are associated with non-acceptance of criminal actions and often blaming others	10-18	19-24	25-40

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Andrews, D.A., Ph.D, Bonta, J.L., Ph.D. (2003). "Level of Service Inventory-Revised, U.S. Norms Manual Supplement"

² Knight, K., Garner, B.R., Simpson D.W. Morey, J.T., & Flynn, P.M. (2006). "An assessment for criminal thinking" Crime & Delinquency, Vol. 52, No. 1, 159-17

³ Knight, K., B., Barbour, P. (2015). "Simplifying Assessment in Criminal Justice and Treatment Settings: Using TCU Tools to Ensure Effective Services".